






Start your day with
Breakfast

January High School Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
MENU OPTIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE ALL ITEMS BASED ON AVAILABILITY				1 		2 		3 	
6	Meatball Sub Sweet Potato Fries Fruit Cup Choice of 1% or Chocolate Milk	7	Soft Shell Taco Baked Beans Fruit Cup Choice of 1% or Chocolate Milk	8	Cheesy Chicken Rice Broccoli Fruit Cup Choice of 1% or Chocolate Milk	9	Toasted Cheese Sandwich Tomato Soup Fruit Cup Choice of 1% or Chocolate Milk	10	Popcorn Chicken Bowl Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk
13	Pulled Pork Macaroni & Cheese Carrots Fruit Cup Choice of 1% or Chocolate Milk	14	Beef & Gravy Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk	15	Chicken Parmesan Sandwich Rice Green Beans Fruit Cup Choice of 1% or Chocolate Milk	16	Cheeseburger W/ Bun Baked Beans Fruit Cup Choice of 1% or Chocolate Milk	17	Variety Pizza French Fries Fruit Cup Choice of 1% or Chocolate Milk
20		21	Beef Taco w/ Pretzel & Cheese Sauce Romaine Salad Fruit Cup Choice of 1% or Chocolate Milk	22	Sloppy Joe Sandwich Broccoli Fruit Cup Choice of 1% or Chocolate Milk	23	Turkey & Gravy Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk	24	Chicken Tenders Rice Carrots Fruit Cup Choice of 1% or Chocolate Milk
27	Diced Chicken Wrap Rice Corn Fruit Cup Choice of 1% or Chocolate Milk	28	Pasta With Meat Sauce Spinach Fruit Cup Choice of 1% or Chocolate Milk	29		30	Deli Sandwich Carrots Fruit Cup Choice of 1% or Chocolate Milk	31	Ham & Cheese on a Bagel Tater Tots Fruit Cup Choice of 1% or Chocolate Milk

Alternate
Entree

Monday -
Hamburger

Tuesday -
Pizza

Wednesday
- Chicken
Patty

Thursday -
Pizza

Friday - Fish
w/ Cheese

Peanut
Butter &
Jelly or
Salad Bar
are daily